



Coordinated Individual Plan (SIP)

For people who need to coordinate their contact with social services and healthcare.

From frustration to
INFLUENCE

From disorganised to
**PEACE OF
MIND**

From uncertainty to
INVOLVEMENT

From multiple contacts to
ONE SIP

Coordinated Individual Plan (SIP)

For people in Nyköping who need help coordinating their contact with social services, school and healthcare.

A Coordinated Individual Plan (Samordnad Individuell Plan), known as a SIP in Swedish, enables you and your family to spend less time and energy trying to coordinate various initiatives from the municipality or region.

Instead, responsibility is shifted to social services, school and healthcare to ensure that you get the help you need. This is what a SIP is for, to make clear who your contacts are and how you can get in touch with them.

This is how it works:

1. You, one of your healthcare contacts, the school or a close relative asks for a SIP to be arranged.
2. You attend a SIP meeting to explain what is important to you.
3. The decisions made at the meeting are written down in a plan known as a SIP and the work begins.

Would you like to learn more about SIP?

Contact healthcare, social services or the school in Nyköping.

Vårdguiden healthcare helpline
1177

Nyköping Municipality
0155-24 80 00

Name:

Phone number:

E-mail adress:

Name:

Phone number:

E-mail adress:



REGION
SÖRMLAND



Nyköping